



Kong Stuffing Recipes



Kongs are great toys for dogs that help develop and maintain appropriate chewing behaviors. They are also great to occupy the dog for long periods of time – during crating for example. When done, the Kong can safely be washed in the upper rack of your dishwasher. Here are a couple ways to stuff the Kong to entice them!

TIP: Cover the small hole with a piece of aluminum foil. It will prevent your stuffing from seeping out and removes easily!

Recipe #1:

Plain Yogurt

1 banana, mashed and 2 TBSP peanut butter

In a bowl, combine mashed banana or peanut butter and enough yogurt to fill the Kong. Place a piece of aluminum foil on the small hole, place upright in a plastic container and place in freezer for several hours or overnight.

Recipe #2: Dog Food Kong (great for dogs that need multiple Kongs that may get an upset tummy from all the good stuff!)

Bring several cups of water to boil. Turn off the stove, add some of your dog’s kibble, cover and let set for an hour. Stir and spoon into the Kong.

Place a piece of aluminum foil on the small hole, place upright in a plastic container and place in freezer for several hours or overnight.

Here are some other things you might use to stuff your dog’s Kong. You are only limited by your imagination!

Apples	Applesauce	Apricots
Baby Food (fruit & meat varieties)	Beef Jerky	Bran Cereal
Carrots	Cheese (American, Cheddar) or Cheese Whiz	Cheerios
Cream Cheese	Croutons (plain)	Dried Fruit (bananas, apricots, apples)
Honey	Liver (Freeze dried)	Macaroni & Cheese (leftovers)
Nut Butter	Oatmeal	Pasta Noodles (cooked)
Popped Popcorn	Potatoes (instant mashed, no skins)	Pumpkin (canned)
Steak (scraps)	Tuna	Turkey (leftovers)